

SUPERIOR HIKING TRAIL (SHT)

Connecting people to nature since 1986



407K
TRAIL USER
VISITS
ANNUALLY

64
TRAILHEADS



94
BACKCOUNTRY
CAMPSITES

300 MILES OF TRAIL
along Minnesota's North Shore

LOWEST POINT:
Lake Superior Shoreline
602 feet



HIGHEST POINT:
Rosebush Ridge
1,829 feet

NORTHERN TERMINUS
270 Degree Overlook
MN/Canada border



SOUTHERN TERMINUS:
Wild Valley Rd Trailhead
MN/WI border

of Lives Changed
IN 40 YEARS?
YOU TELL US!
Share your Trail story!



600
Volunteers

VOLUNTEER-
POWERED
MEMBER-
SUPPORTED

10,000
Volunteer
hours per year

4,000
Members

250
Land Owners
and Managers

How do you travel the Trail?



40 years of
Blazing Trail

- 1986**
Superior Hiking Trail Association Established
- 1993**
First Guidebook Published
- 1995**
First Known Thru-Hiker
- 2011**
25th Anniversary
282 miles, 86 campsites, 3,500 members, and 300 volunteers
- 2017**
Final section built!
SHT Border-to-Border Vision Achieved
- 2018**
Trail Renewal Program Launched
- 2019**
SHT Becomes Part of North Country National Scenic Trail (NCT)
- 2024**
First-Ever Trail Master Plan Completed
- 2026**
40 Years to Celebrate!



superiorhiking.org



Built, managed, maintained, promoted, and protected by the Superior Hiking Trail Association (SHTA)