Safety Briefing Checklist

3 Rules – Safety, Fun, Work

Working on trail maintenance projects includes some inherent risks. These are the possible risks you may encounter today and your signature on the waiver (electronic or paper) indicates your acceptance of those risks and waives our liability.

Seven Main Concerns:

- **Personal Safety**
- **Tools**
- **Travel**

- **Working Together**
- **Hikers**
- **Personal Limitations**

- **Environmental**

1. **Personal Safety**
   We want everyone to feel welcome in the outdoors and in the SHTA community. On this SHTA Volunteer Event, your physical, mental, and emotional safety are our top priorities. If another person's actions or comments make you feel uncomfortable or unsafe at any time, please tell me or another crew leader.

2. **Tools**
   - General (circle tools covered in safety briefing)
     - o Hardhats: Use, fit, and inspection
     - o Inspect tools for sharpness
     - o Burrs and other defects
     - o Wear eye and/or hearing protection when appropriate
     - o Tools slip out of your grip more easily when gloves are wet
     - o Storing tools: Perpendicular to trail on uphill side with a couple inches of handle in the trail

   - McLeod
   - Loppers
   - Pick Mattock

   - Pulaski
   - Shovel
   - Rock Bar

   - Hoes (grub, adze, hazel)
   - Brush Whip

3. **Travel**
   - Carry sharp side down and not on shoulder
   - Don't "tailgate" the person ahead of you

4. **Personal Limitations**
   - Don't overwork
   - Take breaks
   - In something hurts back off
   - Drink, eat, etc.

5. **Working Together**
   - 10 feet apart
   - Passing each other
   - Communicate

6. **Environmental**
   - Wind
   - Rain, lightning
   - Cold, heat

7. **Hikers**
   - Stop work
   - Alert other workers
   - Stop hikers until we have confirmation that it is safe to pass

Additional Items:

1. **Bathroom:**
   - Find a safe place
   - Leave hard hat on the trail
   - 200 feet from watercourse
   - Hole 6-8" deep
2. **First Aid**
   - Who is trained in first aid and CPR
   - Project Lead should be made aware of pre-existing conditions that may impact the event: medical, emotional, physical, or phobias
3. **Stay with Group**
   - Start the Event as a group
   - End the Event as a group
4. **Questions**?

These items covered for _____work party

on _____ by Project Lead or VCL _____