



Trail Renewal Group Event FAQ & Checklist

(formatted so you can print and check off if you'd like)

What should I wear?

- Long pants
- Long sleeves
- Sturdy footwear (no open-toed shoes)

What should I bring in my pack?

- Headnet
- Bug spray
- Sunscreen
- Lunch and lots of snacks (more than you think!)
- Water (at least 2 liters per day)
- Rain gear (weather can change quickly)
- Warm layers (weather can change quickly)
- Any medications you take

What PPE (personal protective equipment) do I need?

- Work gloves
- Hard hat if you are working overhead or in close proximity to other people
- Eye protection
- Ear protection (if you are properly trained and using a motorized tool)
- First aid kit (can be fairly basic, there will be a group 1st aid kit on site as well)
- Hand sanitizer

What PPE does SHTA provide if I don't have it?

SHTA has lots of PPE to loan out. If you don't have one of these things, just let us know when you arrive at the event.

- Hard hat
- Work gloves
- Eye protection
- Ear protection
- Group first aid kit will be carried by a crew leader

If I'm camping, what do I need?

Most SHTA camping events are car camps, so you can bring just about anything you need. Here's the minimum we suggest.

- Tent
- Sleeping bag
- Sleeping pad
- Camp chair
- Camp stove and fuel
- Pots and dishes for cooking and eating
- Enough food for the number of days you are volunteering
- Comfy, warm, clean camp clothes and footwear
- Toiletries and any necessary personal items

What should I expect during the work day?

- Trail Renewal group projects run from 8:30am-4:30pm. Please register only if you can volunteer for a full day. If you are unable to join us for the entire day, please sign up for a different event when you are able to commit fully.
- Be prepared for a day of physical work, but know we want you to work at your own pace and take the breaks you need. If you have questions or need special accommodation, please contact volunteer@superiorhiking.org.
- Work will include spending much of the day on rugged and uneven ground.

What are other resources if I'm going out by myself (eg. adopting a section or campsite)?

This list is intended for folks joining us on a group event, but here are a couple other resources.

- Watch the Volunteer Checklist Video (<https://youtu.be/iwLIsPE6Spo>)
- Ten essentials (<https://www.rei.com/learn/expert-advice/ten-essentials.html>)
- If you're camping while you're adopting, backcountry camping will have a slightly different list. Consult your favorite backpacking guide for more information.
- If you'd like information on adopter duties, please see our [Volunteer Page](#) for job descriptions and instructional videos.

04/25/2022