

January 16 Snowshoe Hike 10:00

Oberg Mountain Loop

2.5 miles. Enjoy spectacular views of inland ridges, Leveaux Mtn, Moose Mtn, Oberg Lake, and Lake Superior on this loop hike.

Meet at Oberg Mountain Trailhead. At Hwy 61 milepost 87.5, turn left on Forest Road 336 (Onion River Rd.) and go 2.2 miles to parking lot on left.



February 13 Snowshoe Hike 10:00

Sucker River Trailhead to Fox Farm Pond Campsite and Back

2.4 miles total. Snowshoe through spruce-balsam forest and over the Sucker River Bridge on a gradual climb to maple forest and the Fox Farm Pond Campsite. Meet at Sucker River Trailhead. At Hwy 61 milepost 14.9, turn north (inland) on Homestead Rd (Co. Rd. 42) and go 5.75 miles. Turn left on W. Knife River Rd. and go 0.5 miles. Turn right on App Rd. and go 1.5 miles to intersection with Two Harbors Rd. App Rd. changes to Fox Farm Rd. (Co. Rd. 266) here. Continue straight on Fox Farm Rd. 5.3 mi to parking lot on left.



March 5 Snowshoe Hike 10:00

Kingsbury Creek to Grand Avenue Chalet at Spirit Mtn.

2.7 miles. Snowshoe along Knowlton Creek, through mixed forest, and past rock outcrops with views of St. Louis Bay. Meet at Grand Ave. Chalet: 8551 Grand Ave., Duluth. From the south, take I-35 to Cody St. Exit #251A and continue on Cody St. for 0.3 miles. Turn right on N. 63rd Ave.W. and go 0.6 miles. Turn right on Grand Ave. and go 1.8 miles to chalet parking lot on right. From the north, take the I-35 Grand Ave./ Hwy. 23 Exit #251B. Continue on Grand Ave. for 2 miles to the chalet parking lot on right.

May 21 Hike 10:00

Rossini Road to Lake County Demonstration Forest

6.9 miles. Hike this easier section of trail through a range of forests from older maple and fir-aspen-birch to areas that show regrowth from logging. The trail has several bridge crossings over tributaries of McCarthy Creek, Knife River, and other smaller creeks. Meet at the Lake Co. Demonstration Forest Trailhead. At Hwy 61 milepost 26.0 in Two Harbors, turn north (inland) on Hwy 2 (Lake Co. Rd. 2) and go 3 miles. Turn left on Hwy 12 (Co. Rd. 12) and go 2.5 miles. Turn right on Holm Rd. and go 0.5 miles. Turn left on Drummond Grade (Co. Rd. 131) and go 2.5 miles to parking lot on right.



June 4 National Trails Day Hikes 10:00

Enjoy treats before we start hiking to celebrate the day! Both hikes meet at Finland Rec Center (Clair Nelson Community Center).

At Hwy 61 milepost 59.3, turn left on Hwy 1 and go 6.0 miles to Lake Co. Rd. 7 (Cramer Rd.). Turn right and go 1.3 miles to parking lot past the ball field at the Finland Rec Center.

Long Hike

Sonju Lake Road to Finland Rec Center

7.6 miles. Hike past the Baptism River, two pristine lakes, and take a boardwalk out to Lily Island.

Short Hike

Finland Rec Center to Egge Lake and Back

4.6 miles total. Hike through maple forest to gorgeous Egge Lake and return on same trail.

June 25, 10:00

Skyline Parkway at Highland St. to Twin Ponds at Enger Park

7.4 miles. Hike along Keene Creek and through maple/oak forests before coming to Brewer Ridge. The section includes views from several knobs, including Piedmont Knob at 1,300 feet elevation. Meet at Twin Ponds Trailhead at Enger Park. From I-35, take Piedmont Ave./Hwy. 53 Exit #255A uphill 1.5 miles, turn left at stoplight onto Piedmont Ave., take first left onto N 24th Ave. W., turn left onto Skyline Pkwy., and go 1.5 miles to Twin Ponds parking lot.



July 23 10:00

Wild Valley Rd. to Jay Cooke State Park Visitor Center

5.9 miles. This new section of the SHT features a nice mix of forest, steep climbs and views of the St. Louis River and valley. Meet at Jay Cooke Visitor Center. From I-35, take Carlton Exit #235 and go east on Hwy. 210 for 5.5 mi to Visitor Center parking lot. A state park sticker will be provided for those who don't have one.



August 13 10:00

Highway 1 to Silver Bay

11.1 miles. On this rugged section, see the Baptism High Falls and hike through the wilderness of Tetegouche State Park. Climb up Mount Trudee, past Palisade Creek, and take in Bear and Bean Lakes. Meet at Penn Blvd Trailhead in Silver Bay. At Hwy 61 milepost 54.3, turn left at stoplight on Outer Drive and go 1.5 miles to Penn Blvd. Continue straight 0.5 miles on Penn Blvd to parking lot on right.

September 24 10:00

Lutsen Mtns. Recreation Area to Caribou Trail

6.4 miles. Hike a very scenic section of the trail with dramatic climbs and descents, nice overlooks, and several miles along the Poplar River and Lake Agnes. Meet at the Caribou Trail Trailhead. At Hwy. 61 milepost 92.0 turn left on Caribou Trail (Cook Co. Rd. 4) and go 4.1 miles to Co. Rd. 94 (watch for SHT sign). Turn right and take immediate left to parking lot.



October 1, 10:00

Jackson Lake Road to Otter Lake Road

8.7 miles. The trail reaches its highest elevation of 1,829 feet on this section. It includes a scenic old growth maple forest and overlooks of Jackson Lake and Swamp River valley with some steep ascents and descents. Meet at the Otter Lake Rd Trailhead. At Hwy 61 milepost 128.9, turn north on Arrowhead Trail and go 4.5 miles to Jackson Lake Road. Turn right on Jackson Lake Rd and go 8.4 miles. At T-stop, turn left on Otter Lake Rd. and go 2.0 miles to parking lot on left.

October 2, 10:00

Jackson Lake Road to Arrowhead Trail

5.1 miles. The trail descends creek valleys and climbs rocky ridges with great views of Lake Superior and Isle Royale. Meet at the Arrowhead Trail (Co. Rd. 16) Trailhead. At Hwy 61 milepost 128.9 turn north on Arrowhead Trail and go 3.3 miles to parking lot on right.



October 8 10:00

Oberg Mountain to Britton Peak

5.7 miles. Cross the Onion River towards Leveaux Mtn. Hike through maple forests to overlooks of Lake Superior. An optional 300-foot spur trail climbs to Britton Peak. Meet at the Britton Peak Trailhead. At Hwy 61 milepost 82.8, turn left on Cook Co. Rd 2 (Sawbill Trail). Go 2.7 miles to parking lot on right.

Superior Hiking Trail Association



2016 HIKE SCHEDULE

Superior Hiking Trail Association
731 Seventh Ave (Hwy 61)
P.O. Box 4
Two Harbors, MN 55616
Phone: 218-834-2700
Email: hike@shta.org
Website: www.shta.org

About the Superior Hiking Trail Guided Hikes

The Superior Hiking Trail Association is pleased to offer a variety of guided hikes throughout the year. These hikes are free and open to the public.

Meeting Time: Meet for all hikes at 10:00 A.M. rain or shine. Please be prompt!

Each hike is led by a member of the Superior Hiking Trail Association and most include a naturalist.

The mileage listed is the total hiking distance of the hike. Hikers share rides to shuttle to the starting point of the hike and help bring people back to their cars at the end. Please be prepared to participate in this.

You hike at your own pace. Someone is always designated the “sweep,” the last person in the group to make sure everyone has made it to the ending point.

Bring your own beverage and a lunch or snack to eat along the Trail. Be prepared for any type of weather and for insects. Wear sturdy hiking shoes or boots. Dogs are not allowed on hikes.

Come Visit Our Store in Two Harbors
We're located at 731 Seventh Ave (Hwy 61) in a green Victorian house on the corner of Hwy 61 and 8th Street. Guide books, maps, t-shirts, mugs, books, plus helpful assistance in planning your day hike or backpacking trip. Mid-May-mid-October hours are Monday-Friday 9-5, Saturday 10-4, and Sunday 12-4. The rest of the year hours are Monday-Friday 9-4:30.

Want to Know More about the Superior Hiking Trail? Check out our website at www.shta.org for more information about the trail, including beautiful photographs of the trail. We also post information about trail conditions on the website.



Or find us on Facebook
At www.facebook.com/suphike

Have a Question about the Hikes or about the Trail? Email us at hike@shta.org or call us at 218-834-2700 with any questions you may have.

The Superior Hiking Trail Association is a member-supported organization. Please join our 4,500+ members to help build and maintain the Superior Hiking Trail!