

2018 SUPERIOR HIKING TRAIL ASSOCIATION GUIDED HIKES

FULL SCHEDULE WITH DIRECTIONS ONLINE AT WWW.SUPERIORHIKING.ORG

Saturday, June 2, National Trails Day, 10:00

Jay Cooke Grand Portage Trailhead to Jay Cooke State Park Visitor Center, 6.6 miles

Celebrate National Trails Day and the reopening of the Grand Portage Trailhead! Hike on remote and diverse Jay Cooke State Park trails, including the Gill Creek Trail. State park daypasses will be provided for those who don't have one. Meet at Jay Cooke State Park Visitor Center parking lot and look for hike leader with SHT flag.



Saturday, June 23, 10:00

Split Rock Ridge Loop, 4.4 miles

Hike this *other* Split Rock Loop with fantastic views of Lake Superior and the Split Rock Lighthouse. Meet at Split Rock River Wayside.

Wednesday, July 11, 9:00

Fifth Falls View Hike, 2.2 miles

Make sure to pack a camera for great views along the Gooseberry River. This hike will be led by a Gooseberry Falls State Park naturalist and the route may fluctuate a bit. Meet inside the Gooseberry Falls Visitor Center.

Saturday, July 21, 10:00

Crosby-Manitou State Park to Caribou Falls State Wayside, 8.0 miles

This very challenging hike features the rocky, rugged terrain of the North Shore's wildest state park. The Manitou River and scenic overlooks are highlights. *Not recommended for beginners!* Meet at Caribou Falls State Wayside. Note: This hike involves a 30-minute shuttle.

Saturday, August 11, 10:00

Lake County Demonstration Forest to Reeves Road, 11.0 miles

This long but gentle section features the Stewart River and a short spur to Reeves Falls. Meet at Reeves Road.

Wednesday, August 22, 9:00

Hiking to the Skunk, around 4.0 miles

Hike to where the Skunk Creek joins the Gooseberry River! Bring water shoes if you want to explore close-up. This hike will be led by a Gooseberry Falls State Park naturalist and the route may fluctuate a bit. Meet inside the Gooseberry Falls Visitor Center.

Wednesday, September 12 9:00

Up the Old and Down the New, around 3.0 miles

Hike up the former SHT route within Gooseberry Falls State Park and over to a proposed SHT route within the park. This route may be wet, so bring extra shoes for the drive home! This hike will be led by a Gooseberry Falls State Park naturalist and the route may fluctuate a bit. Meet inside the Gooseberry Falls Visitor Center.

Saturday, September 22, 10:00

Cook County Road 14 to Cook County Road 58, 6.8 miles

Hike along Kimball Creek, across rocky terrain to Cliff and Durfee Creeks, and enjoy spectacular views of Lake Superior from Wildflower Hill. Meet at Cook County Road 58.

Sunday, September 23, 10:00

Cook County Road 58 to Pincushion Mountain Trailhead, 4.9 miles

Hike on rugged, challenging terrain to Devil Track River, then join with gentle ski trails with an optional spur to Pincushion Mountain summit. Meet at Pincushion Mountain Trailhead.

Saturday, September 29, 10:00

Highway 1 to Lake County Road 6, 6.8 miles

This section, often referred to as the “crown jewel” of the SHT, has views of inland lakes and Lake Superior, plus the Lemon Squeezer and Sawmill Dome. Meet at Lake County Road 6.

Saturday, October 6, 10:00

Spirit Mountain Loop, 3.5 miles

This short but challenging new loop in Duluth highlights the beauty of the Spirit Mountain area. Meet at Spirit Mountain Grand Avenue Chalet.

GUIDED HIKE INFO:

- Unless otherwise noted, each hike is led by a member of the Superior Hiking Trail Association. Hike leaders may cancel or change the hike in the event of severe weather. The meeting location will always remain the same.
- Hikes are free of charge. No need to register.
- Wear sturdy boots or hiking shoes; bring lunch, water, and bug repellent.
- Due to past problems, dogs are not allowed on guided hikes.
- Hikes are rugged and often very challenging. Please assess your own abilities. *It is better to start small than to be overly ambitious about what you can handle.*
- Everyone participates in the group shuttle and everyone always drives their own car.
- The meeting place is always the end point of the hike. Hikers shuttle to the start. At the end of the hike, those with cars at the end point give others a ride back to their cars.