

HIKE FEST 2019

Hike Descriptions



HIKING GUIDELINES

This year, we're excited to offer several half and full-day hikes, tours with SHTA's staff and board, a special hike-and-volunteer opportunity, and our first-ever guided trail run! Please arrive at your selected meeting place on time and ready to go. **Be sure to bring your own water bottle.** Hike leaders will provide maps for you. Please be prepared to participate in the group shuttle – the hikes wouldn't happen without your cooperation!

Friday, 1:00pm - **Early Bird Hike - Ely's Peak Loop**

Where to meet: Magney-Snively Trailhead in Duluth

Why it's cool: This new loop just opened last year, and this hike will be led by the man responsible for leading the effort. Join Larry Sampson on this beautiful addition to the Superior Hiking Trail. Hike the loop or continue on to Magney-Snively Trailhead for a longer trek before heading up the Shore.



Saturday, 9:00am Hikes

Crosby-Manitou Loop Hike, 3.6 miles

Where to meet: Science Center Auditorium

Why it's cool: Hike on the SHT to the Manitou River in Crosby-Manitou State Park. Return via the Misqua and Yellow Birch Trails in the Park to circle Benson Lake. Enjoy this grand tour of the wildest state park on the North Shore.

Egge Lake Out and Back, 5.2 miles roundtrip

Where to meet: back of Science Center Auditorium

Why it's cool: A gentle hike – by SHT standards – to the South Egge Lake campsite and back. Enjoy this longer half-day hike to one of the most beloved inland lakes on the Trail. This hike will be led by young SHT adventurer Daley (and his mother Kristina.) **Pro tip:** locals pronounce it “Eggy.”

Hike to the Drainpipe, 4.0 miles

Where to meet: Science Center Classroom.

Why it's cool: Join SHTA Volunteer Wendy Reid to check out a new stairway constructed on the SHT by Tettegouche State Park to protect hikers from an old, eroded, and dangerous trail feature. This hike includes a quick stop for pictures by the beautiful High Falls.

Bean and Bear With Me – A Tale of Trail Renewal with Denny Caneff

Where to meet: Science Center Lobby

Why it's cool: Join SHTA executive director Denny Caneff on an "insider's tour" of the Bean and Bear Lakes loop. You'll learn what the SHTA learned from evaluations conducted last fall by two professional trail evaluators about what will need to be done to renew this much-loved and worn-down section of the SHT. Stopping, learning, looking, and listening will be the point of this hike, so we will not hike the entire loop trail. **Please note:** this hike will be limited to 20 participants. Sign up will take place Saturday morning in the Science Center Lobby. Mileage may vary.

Saturday, 9:00am Hikes (cont.)

Lop the Loop – Volunteering at Section 13 with Tamer Ibrahim

Where to meet: Outside Dining Hall

Why it's cool: Join SHTA trail operations director Tamer Ibrahim to “lop the loop” and reclaim an abandoned SHT loop near the Section 13 cliffs. This will include a 3.6-mile round-trip commute to the project site, where volunteers will help Tamer reopen a 0.8-mile loop. **Spoiler alert:** Great views!

Please note: Volunteers must register in advance, and registration details will be sent via email after Hike Fest registration closes.

A Voyage Across Wolf Lake – A Show-And-Tell Adventure with John Kohlstedt

Where to meet: Science Center Auditorium Stage

Why it's cool: Join long-time SHTA board member John Kohlstedt on a paddle across Wolf Lake in the Voyageur canoe. Then, enjoy a tour of John's section of the SHT, where he's taken exceptional care of this awe-inspiring section of the Trail for many years. **Please note:** this hike will be limited to 20 participants. Sign up will take place Saturday morning in the Science Center Lobby. Mileage may vary.

Other Saturday Hikes

11:30am – Picnic Hike to Raven Lake and Back, 1.0 miles roundtrip

Where to meet: Science Center Lobby

Why it's cool: Enjoy the landscape of Wolf Ridge and meander to picturesque Raven Lake with views of nearby Marshall Mountain. Watch for a cameo appearance from SHTA's favorite mammal (and unofficial mascot), Birchy the Beaver. While Birchy's felling trees, you can eat your picnic lunch.

1:00pm – Wolf Ridge to Superior View and Back, 3.0 miles roundtrip

Where to meet: outside of East Dorm/Summit Lodge.

Why it's cool: Join SHTA board member Tim Keuhn for short journey to a spectacular view of Lake Superior without having to get in a car!

1:00pm – Trail Run with Trailfitters' Pat Davison, 5 miles

Where to meet: Science Center Auditorium

Why it's cool: Join Trailfitters' Pat Davison, who is training for his second Superior 100 race, for the first-ever SHTA guided trail run from County Road 6, passed the epic Sawmill Dome, and back to Wolf Ridge ELC. This easy-going run will wrap up in time to catch afternoon presentations and dinner!

1:00pm – “Boot Up” and Hike – A Tour with Tom Carter and Tim Lederle

Where to meet: Science Center Lobby

Why it's cool: Join SHTA volunteer Tom Carter and wetland expert Tim Lederle on an expedition through a fragile wetland section of the Trail, recently improved by the “Boot Up Hikers.” Learn about the challenges of building a busy hiking trail through sensitive landscapes. Mileage will vary.



Sunday, 10:00am - Final Hike - Rossini Road to Lake County Demo Forest, 6.9 miles

Where to meet: Lake County Demonstration Forest Trailhead.

Why it's cool: Join SHTA trail renewal consultant Larry Sampson on one of the lesser-known stretches of the Superior Hiking Trail. This section now has the first trail register installed between the SHT's southern terminus and Split Rock Lighthouse State Park, as well as the cutest little waterfall on the entire Trail.