

Superior Hiking Trail Through Hiker's Reference Sheet 2017...All Information is Estimated and Unofficial
 Created by Superior Hiking Trail Association Volunteer Kim Fishburn © 2017, Superior Hiking Trail Association © 2017

Location		Type	Northbound	Southbound	Trail Mile Mark	Next Trail Junction	
MN/WI Border		Border			0	0.3	
Red River Valley Campsite		Campsite	3 tent pads		0.3	1.6	
Wild Valley Rd		Trailhead			1.9	5.9	
Jay Cooke State Park		Trailhead	Due to numerous changes in the Duluth area check the Superior Hiking Trail Assn. Conditions Tab on their website.			7.8	6.6
Grand Portage		Trailhead				14.4	3.6
Fond Du Lac (0.6 mile spur)		Trailhead				18	2.7
Becks Rd (150 ft spur)		Trailhead				20.7	4.2
Magney Snively Park (350 Ft Spur)		Trailhead				24.9	2.9
Spirit Mountain (0.3 spur)		Trailhead	Munger Inn located southwest of zoo, Indian Pt		27.8	1.1	
main trail)		Trailhead	Campground located behind Munger Inn		28.9	2.6	
Skyline Parkway at Highland/Getchell		Trailhead	Numerous hotels located between Enger Park and the		31.5	5.7	
North 24 th		Trailhead	Rose Garden		37.2	1.7	
Enger Park (440 ft spur)		Trailhead	Campground near Bagley Nature Area (U of M Duluth) 25\$ a night 1737 Bayview, Reservation required 218-726-6134			38.9	3.8
The Rose Garden		Trailhead				42.7	4.5
Hartley Nature Center		Trailhead			47.2	3.1	
Location		Type	Highway	Tent	Trail Mile Marker	Previous Campsite	Next Campsite
Martin Road		Trailhead	14.9	****	50.3	0	4.9
Bald Eagle		Campsite	14.9	3	55.2	0	1.1
White Pine		Campsite	14.9	4	56.3	1.1	5.5
Lismore Road		Trailhead	14.9				
Lone Tree		Campsite	14.9	3	61.8	5.5	3.7
Normanna Road		Trailhead	14.9				
Heron Pond Campsite		Campsite	14.9	4	65.5	3.7	3.9
Sucker River		Campsite	14.9	4	69.4	3.9	2.7
Sucker River (0.9 mile spur to trail)		Trailhead	14.9				
Fox Farm Pond		Campsite	14.9	4	72.1	2.7	7.4
Fox Farm Rd		Trailhead	14.9				
Big Bend		Campsite		4	79.5	7.4	6.2
Rossini Rd		Trailhead	14.9	****	****		
McCarthy Creek		Campsite		2	85.7	6.2	1.2
Ferguson		Campsite		2	86.9	1.2	5.2
Lake Co. Dem. Forest (1.2 mile spur)		Trailhead	26	****	****		
Stewart River		Campsite		3	92.1	5.2	4.3
Reeves Falls		Campsite		3	96.4	4.3	5.9
Reeves Rd.		Trailhead	26	****	****		
Silver Creek		Campsite		3	102.3	5.9	9.6
Lake Co. Rd 301		Trailhead	28.5	****	****		
Castle Danger		Trailhead	36.6	7:45 am	2:40pm		
Crow Creek Valley		Campsite		5	111.9	9.6	3.4
West Gooseberry		Campsite		4	115.3	3.4	0.9
East Gooseberry		Campsite		2	116.2	0.9	0.4
Middle Gooseberry		Campsite		2	116.6	0.4	0.4
Gooseberry River		Multi-Group		8	117	0.4	6.4
Gooseberry Falls State Park		Trailhead	38.9	7:57 am	2:28 pm		
Blueberry Hill		Campsite		4	123.4	6.4	4
Split Rock River Wayside (1/2 mile spur)		Trailhead	43.5	8:07 am	2:18 pm		
Southwest Split Rock River		Campsite		4	127.4	4	0.4
Northwest Split Rock River		Campsite		3	127.8	0.4	0.2
Northeast Split Rock River		Multi-Group		7	128	0.2	0.3
Southeast Split Rock River		Campsite		2	128.3	0.3	4.7
Chapins Ridge		Campsite		4	133	4.7	2.2
Beaver Pond		Campsite		4	135.2	2.2	1.5
Faultline Ridge		Multi-Group		8	136.7	1.5	4.35
Beaver Bay		Trailhead	51.1	8:32 am	1:53 pm		
North Beaver Bay		Campsite		3	141.05	4.35	0.25
South Beaver Bay		Campsite		3	141.3	0.25	5.8
Silver Bay		Trailhead	54.3	8:41 am	1:44pm		
Penn Creek		Multi-Group		8	147.1	5.8	1.4
Bear Lake		Campsite		4	148.5	1.4	1.2
Round Mt Beaver Pond		Campsite		6	149.7	1.2	0.8
West Palisade		Campsite		5	150.5	0.8	0.2
East Palisade		Campsite		4	150.7	0.2	7.8
State Highway 1		Trailhead	59.3	8:57 am	1:28 pm		
West Kennedy Creek		Campsite		5	158.5	7.8	0.1
East Kennedy Creek		Campsite		4	158.6	0.1	5.8
Lake County Rd. 6		Trailhead	65.3	9:23 am	1:02 pm		
Section 13		Campsite		4	164.4	5.8	3.8
Leskinen Creek		Campsite		8	168.2	3.8	4.7
Finland Recreation Cntr (0.3 mile spur)		Trailhead	59.3	9:10 am	1:15 pm		
South Egge Lake		Campsite		4	172.9	4.7	0.2
North Egge Lake		Campsite		4	173.1	0.2	3.1
South Sonju Lake		Multi-Group		6	176.2	3.1	0.3
North Sonju Lake		Campsite		4	176.5	0.3	1.9
East Branch Baptism River		Campsite		4	178.4	1.9	0.6
Blessner Creek		Campsite		3	179	0.6	2.1
Aspen Knob		Campsite		2	181.1	2.1	5.1
Crosby-Manitou State Park		Trailhead	59.3	****	****		
Horseshoe Ridge		Campsite		4	186.2	5.1	3.1
West Caribou River		Campsite		2	189.3	3.1	0.3
Caribou River Wayside (0.6 mile spur)		Trailhead	70.5	Trailhead closed May to August			
East Caribou River		Multi-Group		10	189.6	0.3	1.2
Crystal Creek		Campsite		4	190.8	1.2	2.4
Sugarloaf Road (Temporary Stop)		Trailhead			9:40 am	12:45 pm	
Sugarloaf Pond		Campsite		4	193.2	2.4	3.5

St Louis Co

Lake County

Location	Type	Highway	Tent	Northbound	Southbound	Trail Mile Marker	Previous Campsite	Next Campsite
Dyer's Creek	Campsite		4			196.7	3.5	2.9
Cook County Rd 1	Trailhead	78.8		****	****			
Fredenberg Creek	Campsite		5			199.6	2.9	2
Falls	Campsite		3			201.6	2	0.8
Ledge	Campsite		2			202.4	0.8	0.8
North Cross River	Campsite		2			203.2	0.8	0.1
South Cross River	Campsite		4			203.3	0.1	9.1
Temperance River SP (0.2 spur trail)	Trailhead	80.3		9:55 am	12:30 pm			
Britton Peak	Trailhead	82.8		10:07 am	12:18pm			
Springdale Creek	Campsite		4			212.4	9.1	2.5
West Leveaux Pond	Multi-Group		8			214.9	2.5	0.1
East Leveaux Pond	Campsite		4			215	0.1	1.2
Onion River	Multi-Group		8			216.2	1.2	2
Oberg Mountain	Trailhead	87.5		10:24 am	12:01pm			
West Rollins Creek	Campsite		5			218.2	2	0.1
East Rollins Creek	Campsite		3			218.3	0.1	4.5
Mystery Mountain	Multi-Group		6			222.8	4.5	2.1
Lutsen Mountain Recreation Area	Trailhead	90.1		10:38 am	11:47 am			
West Poplar River	Campsite		3			224.9	2.1	0.6
East Poplar River	Campsite		2			225.5	0.6	3
West Agnes Lake	Campsite		4			228.5	3	0.3
East Agnes Lake	Campsite		4			228.8	0.3	2.4
Caribou Trail (0.8 mile spur)	Trailhead	92		****	****			
Jonvick Creek	Campsite		2			231.2	2.4	2.2
Spruce Creek	Multi-Group		7			233.4	2.2	3.3
Indian Creek	Multi-Group		6			236.7	3.3	3.2
Cascade River SP (0.2 mile spur)	Trailhead	99.9		10:55 am	11:30 am			
Trout Creek (following east side of	Campsite		5	Trail via the east side of the river		239.9	3.2	3.7
Big White Pine (west side)	Campsite		3	Mileages are computed using the		240	3.3	0.5
Cut Log (west side)	Campsite		3	west side for travel		240.5	0.5	2.3
North Cascade River	Multi-Group		6			242.8	2.3	4.3
Sundling Creek	Campsite		4			247.1	4.3	1.7
Bally Creek Rd	Trailhead	101.7		****	****			
South BallyCreek Pond	Campsite		4			248.8	1.7	0.2
North Bally Creek Pond	Campsite		3			249	0.2	10.5
Pincushion Mt (Grand Marais)	Trailhead	110		11:10 am	****			
West Devils Track	Campsite		6			259.5	10.5	0.1
East Devils Track	Campsite		2			259.6	0.1	2.9
Cook County Rd 58	Trailhead	113.8						
Woods Creek	Campsite		4			262.5	2.9	2.4
Durfee Creek	Multi-Group		6	Northbound after 11:10 AM		264.9	2.4	1.1
Cliff Creek	Multi-Group		8	Southbound: Call		266	1.1	2.6
Kimball Creek	Campsite		3	Hungry Hippie Hostel, 218-387-2256		268.6	2.6	1.2
Crow Creek	Campsite		4			269.8	1.2	0.4
West Fork of the Kadunce	Campsite		4			270.2	0.4	0.5
Kadunce River Wayside (0.7 mile spur)	Trailhead	119		****	****			
Kadunce River	Campsite		3			270.7	0.5	5.3
South Little Brule River	Campsite		2			276	5.3	0.4
North Little Brule River	Campsite		4			276.4	0.4	0
Northwest Little Brule River	Campsite		3			276.4	0	11.9
Judge C.R. Magney State Park	Trailhead	123.8		****	****			
Cook Country Rd 70	Trailhead	124.4		****	****			
Hazel	Campsite		3			288.3	11.9	3
South Carlson Pond	Campsite		6			291.3	3	2.3
North Carlson Pond	Campsite		6			293.6	2.3	4.1
Arrowhead Trail	Trailhead	128.9		****	****			
Woodland Caribou Pond	Campsite		4			297.7	4.1	3.8
Jackson Lake Rd.	Trailhead	128.9		****	****			
Jackson Creek	Campsite		3			301.5	3.8	5.3
Andy Creek	Campsite		4			306.8	5.3	0
Otter Lake Rd.	Trailhead	128.9		****	****	308.5		
270 Degree Overlook - Official end of trail 1.2 miles from road crossing						309.7		

Cook County

Town	hwy 61 Mar	Available		Superior Shuttle 218-834-5511
Two Harbors MN 55616	26.1	M,L,G,C ,LM,P	M=Meals	Harriet Quarles Transportation 218-387-1801 or 387-1801
Gooseberry Falls State Park	38.9	C	L=Lodging	
Split Rock River State Park	49	C	G=Groceries	
Beaver Bay MN 55601	51	M,L, LG LM,P	LG=Limited Groce	Service MSP to Duluth
Silver Bay MN 55614	54.3	M,L,G,LM,C,P	C=Camping	Skyline Shuttle 218-724-4676
Ilgen City (Highway 1)	59.3	L	LM=Laundromat	Jefferson Bus Co. 800-451-5333
Finland MN 55603	59.3	M,L,G,C,P	O=Outfitting Supplies	
Crosby Manitou State Park	59.3	C	P=Post Office	Call 911 for emergencies
Temperance River State Park	80.3	C		St Louis County Sheriff Office 218-726-2339
Tofte MN 55615	82.6	M,L,G,O,P		Lake County Sheriffs Office 218-834-8385
Lutsen MN 55612	91.7	M,L,G		Cook County Sheriffs office 218-387-3030
Grand Marais MN 55604	109.5	M,L,G,C,LM,O,P		
Judge Magney State Park	123.8	C		Compiled by Kim Fishburn